



A Little Known Secret ... in East Germany -- Toskanaworld's CEO, Marion Schneider and Creator of Liquid Sound,

Micky Remann offer life's jewels for all to enjoy

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Thuringia, the East German state has the most natural springs in all of Germany. With a long history of curative towns and medical clinics, Germany is rooted in holistic health and healing methods. The untapped potential for medical spas is an opportunity that Germany can delve into and develop further, says Marion Schneider, CEO of Toskanaworld, the umbrella holding 8 business operations, which include 3 Toskana Thermes (bath and sauna spa resorts) located in Bad Sulza, Bad Schandau and Bad Orb with its unique Liquid Sound.

A rehabilitation spa clinic, Klinikzentrum Bad Sulza is for people suffering with chronic joint, skin and respiratory conditions. The Wellness Park, in each location, offers beauty and other day spa treatments with massages for every taste including hot stone, Thai yoga, and ayurveda. Facials, fango mud baths, and more are popular here.

Il Ristorante Toskana offer local cuisine from fine dining to standard healthy options such as fish, a salad bar, soups, wholesome breads, and other special treats unique to Germany! For long distance travelers, the guest houses and hotels offer a range of comfortable accommodations from simple to luxurious. The outstanding view of the surrounding lush green landscape is a breathtaking highlight.

The local surroundings can be explored by biking, walking or motorized tours. Nordic walking is a popular sport and fitness training offered daily along with yoga and aqua fitness classes. There are various fascinating historical museums to be seen including the saline museum in Bad Sulza where natural salts coming from the groundwater were excavated and produced.

For those interested in renown historical figures in art, music, theatre and literature, the Grimm Brothers museum near Bad Orb is worth a visit, also the famous Bauhaus museum and Goethe museum in nearby Weimar are a short train ride away from Bad Sulza.

There is an Art to Bathing at the Toskana Thermes

The art of bathing takes place in healing warm salt springs, in various sized pools including a smaller one, specially designed for children. The hot whirlpools, cold pools, and event showers with colored lights and fragrances will get your blood circulating, leaving a refreshing feeling.





Adjoining to the indoor pool is the outdoor area where one can swim to an open sky of blue or if in the evening, to a vast view of the stars and moon. The spiral and circular design is ornamented with water fountains and jets to smooth over knotted and tight muscles.

Sauna World offers modern, high quality "saunas of the future", the lektarium, a sauna where one can read the daily newspaper or a favorite novel is nice and relaxing. A sauna bar around the corner will satisfy any thirst or hunger craving with fresh smoothies and traditional German pretzels. Every hour an Aufguss also known as the Sauna Master pours water on the sauna rocks with an aromatic essence such as birch.

Once the steam rises, the Aufguss swirls a towel around the sauna from side to side, up and down guiding the waves of hot air to seep into the pores of the crowded sauna dwellers more directly. Warning – it gets hot in the 90 degree Celsius sauna! It is better to start with a soft sauna and build your way up to the hot experience.

Liquid Sound

Internationally acclaimed Liquid Sound® is a contemporary bathing experience for relaxation, wellness and inspiration using an innovative multimedia system which allows people to immerse in a symphony of light, sound and video above and below the surface of natural salt spring water. It is also an official trademark belonging to its inventor Micky Remann.



The Full Moon Live Concerts occur monthly with a live performance by a local musician(s). Bathers float or dance in the salt brine absorbing the light rays of the moon and musical vibrations until 1am. These special events have drawn more than 100,000 visitors since 1999.

The Liquid Sound Club is a monthly gathering for the young at heart to enjoy live electronic music performed by local DJ's. However, anyone living anywhere in the world can connect to the event online via live stream visit www.liquidsoundclub.net. The evening is a mix between an upbeat and chilled out atmosphere that can be social or not, moving, dancing, floating to music surrounded by water and lights.

(Quelle: Wellnesstoday, Südkorea, 2012)